

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 RESORT LIFESTYLE COMMUNITIES Cahaba Ridge	10:00 🧘 Yoga - Suzanne [FC] 10:45 📖 Highlands Bible [3A] 11:00 🛒 General Store Open [MS] 11:00 🛒 Silver Jewelry Sale [MS] 1:00 🎲 Bingo [LO] 1:00 🎲 Rebecca's Bridge [3A] 2:00 🎲 Canasta [LO] 2:00 🎲 Helen's Bridge [LO] 2:30 🎬 1950s Movie of the Decade - Rear Window [TH] 6:30 🦋 Small Group - Cothee [1B] 1	9:45 🧘 Cardio Drumming - Debbie [FC] 10:00 📖 Altadena Pres. Bible Study [1B] 10:30 ❤️ Blood Pressure - Millennium PT [1A] 10:30 🎵 Handbells - Patty [LO] 11:00 🛒 General Store Open [MS] 1:00 ❤️ Corn Hole [MS] 1:30 🗺️ Manager's Mtg [TH] 3:00 🦋 Prayer & Bible - Pat [2B] 2	10:00 🧘 Balance - Shelby [FC] 1:00 🎲 Bingo [LO] 2:00 🎲 Helen's Bridge [LO] 2:30 🎵 Allergy Season & Treatments - Tim, CRNP [LO] 3:30 ❤️ Line Dancing [FC] 3	APPRECIATION DAY 10:00 🧘 Tai Chi - Karen [FC] 11:00 🛒 General Store Open [MS] 1:00 🎲 Canasta [LO] 1:00 🎲 Rebecca's Bridge [3A] 1:00 🎲 Rummikub [LO] 1:30 🎭 "Chain" Gang [3B] 2:30 🏐 Balloon Volleyball [MS] 3:30 ❤️ Line Dancing [FC] 4:00 🎵 Johnson Ferry Bapt. Middle School Choir [TH] 4	10:00 🚌 Coffee Concert at UAB [TR] 10:00 🧘 Take A Walk 10:30 ❤️ What About My Feet? Alabama Foot Care At Home [LO] 11:00 🛒 General Store Open [MS] 1:00 🎲 Bingo [LO] 1:00 🎲 Poker [2B] 3:00 ❤️ Line Dancing [FC] 4:00 🎭 Happy Hour - Buddy [LO] 6:30 🎬 Movie: Madea's Family Funeral [TH] 5	10:30 🧘 Walk - About [MS] 1:00 🎲 Resident Led Bingo [LO] 2:30 🎲 Wii Bowling [LO] 3:00 🎲 Canasta [LO] 3:00 🎲 Rummikub [LO] 6:30 🎬 Movie: Journey To Bethlehem [TH] 6
10:00 🦋 St. Peter's Catholic Communion [1B] 10:00 🦋 Traditional Service [TH] 11:30 🎭 Sunday Brunch [DR] 3:00 🎲 Choice of Games [LO] 4:00 🦋 Highlands Church Service [TH] 7	10:00 🧘 Strength - Suzanne [FC] 10:45 📖 Highlands Bible [3A] 11:00 🛒 General Store Open [MS] 1:00 🎲 Bingo [LO] 1:00 🎲 Rebecca's Bridge [3A] 2:00 🎲 Canasta [LO] 2:00 🎲 Helen's Bridge [LO] 2:30 📖 Niki Sepsas: Juan & Evita - The Magic of Peron [TH] 6:30 🦋 Small Group - Cothee [1B] 8	9:45 🧘 Cardio Drumming - Debbie [FC] 10:00 📖 Altadena Pres. Bible Study [1B] 10:30 ❤️ Blood Pressure - Millennium PT [1A] 10:30 🎵 Handbells - Patty [LO] 11:00 🛒 General Store Open [MS] 11:30 🍽️ Charter Member Luncheon [DR] 1:00 ❤️ Corn Hole [MS] 1:30 🗺️ Chef Jay's Mtg [LO] 3:00 🦋 Prayer & Bible - Pat [2B] 9	10:00 🧘 Balance - Shelby [FC] 10:30 📖 Travelogue: Rick Steves' "Egypt" [TH] 1:00 🎲 Bingo [LO] 2:00 🎲 Helen's Bridge [MS] 2:30 🎭 Ladies Tea Party with entertainment [TH] 3:30 ❤️ Line Dancing [FC] 10	10:00 🧘 Tai Chi - Karen [FC] 11:00 🛒 General Store Open [MS] 1:00 🎲 Canasta [LO] 1:00 🎲 Rebecca's Bridge [3A] 1:00 🎲 Rummikub [LO] 1:30 🎭 "Chain" Gang [3B] 2:30 🏐 Balloon Volleyball [MS] 3:30 ❤️ Line Dancing [FC] 11	10:00 🧘 Take A Walk 10:30 🚌 Lunch Bunch: Las Trojas Cantina [TR] 11:00 🛒 General Store Open [MS] 1:00 🎲 Bingo [LO] 1:00 🎲 Poker [2B] 3:00 ❤️ Line Dancing [FC] 4:00 🎵 Happy Hour - Les [LO] 6:30 🎬 Movie: Blueback [TH] 12	10:30 🧘 Walk - About [MS] 1:00 🎲 Resident Led Bingo [LO] 2:30 🎲 Wii Bowling [LO] 3:00 🎲 Canasta [LO] 3:00 🎲 Rummikub [LO] 6:30 🎬 Movie: Tyson's Run [TH] 13
10:00 🦋 St. Peter's Catholic Communion [1B] 10:00 🦋 Traditional Service [TH] 11:30 🎭 Sunday Brunch [DR] 2:00 ❤️ Pet Therapy [MS] 3:00 🎲 Choice of Games [LO] 4:00 🦋 Highlands Church Service [TH] 14	10:00 🧘 Yoga - Suzanne [FC] 10:45 📖 Highlands Bible [3A] 11:00 🛒 General Store Open [MS] 1:00 🎲 Bingo [LO] 1:00 🎲 Rebecca's Bridge [3A] 2:00 🎲 Canasta [LO] 2:00 🎲 Helen's Bridge [LO] 2:30 🎬 1960s Movie of the Decade: Swiss Family Robinson [TH] 6:30 🦋 Small Group - Cothee [1B] 15	9:45 🧘 Cardio Drumming - Debbie [FC] 10:00 📖 Altadena Pres. Bible Study [1B] 10:30 ❤️ Blood Pressure - Millennium PT [1A] 10:30 🎵 Handbells - Patty [LO] 11:00 🛒 General Store Open [MS] 1:00 🎭 Artful Creations w/ Nilda/Debbie [2A] 1:00 🎲 Corn Hole [MS] 3:00 🦋 Prayer & Bible - Pat [2B] 5:00 🍽️ Birthday Dinner with Jim Q [TH] 16	10:00 🧘 Balance - Shelby [FC] 10:30 📖 Story Catching - Prof. Delchamps [LO] 1:00 🎲 Bingo [LO] 2:00 🎲 Helen's Bridge [LO] 2:30 🎭 Coke/Root Beer Float [LO] 3:30 ❤️ Line Dancing [FC] 17	10:00 🧘 Tai Chi - Karen [FC] 11:00 🛒 General Store Open [MS] 11:30 🍽️ Veteran's Spouse Appreciation Luncheon [DR] 1:00 🎲 Canasta [LO] 1:00 🎲 Rebecca's Bridge [3A] 1:00 🎲 Rummikub [LO] 1:30 🎭 "Chain" Gang [3B] 2:30 🏐 Balloon Volleyball [MS] 3:30 ❤️ Line Dancing [FC] 18	10:00 ❤️ Hearing Clinic with Dr. Jill [MS] 10:00 🧘 Take A Walk 11:00 🛒 General Store Open [MS] 1:00 🎲 Bingo [LO] 1:00 🎲 Poker [2B] 3:00 ❤️ Line Dancing [FC] 4:00 🎭 Happy Hour - Name That Tune [LO] 6:30 🎬 Movie: The Hill [TH] 19	10:30 🧘 Walk - About [MS] 1:00 🎲 Resident Led Bingo [LO] 1:30 🎵 Wild Cloggers [TH] 2:30 🎲 Wii Bowling [LO] 3:00 🎲 Canasta [LO] 3:00 🎲 Rummikub [LO] 6:30 🎬 Movie: The Secret: Dare to Dream [TH] 20
10:00 🦋 St. Peter's Catholic Communion [1B] 10:00 🦋 Traditional Service [TH] 11:30 🎭 Sunday Brunch [DR] 3:00 🎲 Choice of Games [LO] 4:00 🦋 Highlands Church Service [TH] 21	10:00 🧘 Strength - Suzanne [FC] 10:45 📖 Highlands Bible [3A] 11:00 🛒 General Store Open [MS] 1:00 🎲 Bingo [LO] 1:00 🎲 Rebecca's Bridge [3A] 2:00 🎲 Canasta [LO] 2:00 🎲 Helen's Bridge [LO] 2:30 🎬 1970s Movie of the Decade: Love Story [TH] 6:30 🦋 Small Group - Cothee [1B] 22	9:45 🧘 Cardio Drumming - Debbie [FC] 10:00 📖 Altadena Pres. Bible Study [1B] 10:30 ❤️ Blood Pressure - Millennium PT [1A] 10:30 🎵 Handbells - Patty [LO] 11:00 🛒 General Store Open [MS] 1:00 🎭 Handbells - Patty [LO] 11:00 🛒 General Store Open [MS] 1:00 🎲 Corn Hole [MS] 1:30 🎭 This Is My Story: TBA [TH] 3:00 🦋 Prayer & Bible - Pat [2B] 23	10:00 🧘 Balance - Shelby [FC] 1:00 🎲 Bingo [LO] 2:00 🎲 Helen's Bridge [MS] 2:30 ❤️ "My Pride & Joy" [LO] 3:30 ❤️ Line Dancing [FC] 24	HAPPY 7TH ANNIVERSARY CAHABA RIDGE 10:00 🧘 Tai Chi - Karen [FC] 11:00 🛒 General Store Open [MS] 1:00 🎲 Canasta [LO] 1:00 🎲 Rebecca's Bridge [3A] 1:00 🎲 Rummikub [LO] 1:30 🎭 "Chain" Gang [3B] 2:30 🏐 Balloon Volleyball [MS] 3:30 ❤️ Line Dancing [FC] 5:00 🍽️ 7th Anniversary Dinner [DR] 25	9:00 🚌 Tour of Shrine of Sacrament & Lunch [TR] 10:00 🧘 Take A Walk 11:00 🛒 General Store Open [MS] 1:00 🎲 Bingo [LO] 1:00 🎲 Poker [2B] 3:00 ❤️ Line Dancing [FC] 4:00 🎭 Spring Fling Happy Hour with Wayne [LO] 6:30 🎬 Movie: How It All Ends [TH] 26	10:30 🧘 Walk - About [MS] 1:00 🎲 Resident Led Bingo [LO] 2:30 🎲 Wii Bowling [LO] 3:00 🎲 Canasta [LO] 3:00 🎲 Rummikub [LO] 6:30 🎬 Movie: Intrusion [TH] 27
10:00 🦋 St. Peter's Catholic Communion [1B] 10:00 🦋 Traditional Service [TH] 11:30 🎭 Sunday Brunch [DR] 3:00 🎲 Choice of Games [LO] 4:00 🦋 Highlands Church Service [TH] 28	10:00 🧘 Yoga - Suzanne [FC] 10:45 📖 Highlands Bible [3A] 11:00 🛒 General Store Open [MS] 1:00 🎲 Bingo [LO] 1:00 🎲 Rebecca's Bridge [3A] 2:00 🎲 Canasta [LO] 2:00 🎲 Helen's Bridge [LO] 2:30 🎬 1980s Movie of the Decade: Kramer vs Kramer [TH] 6:30 🦋 Small Group - Cothee [1B] 29	9:45 🧘 Cardio Drumming - Debbie [FC] 10:00 📖 Altadena Pres. Bible Study [1B] 10:30 ❤️ Blood Pressure - Millennium PT [1A] 10:30 🎵 Handbells - Patty [LO] 11:00 🛒 General Store Open [MS] 1:00 🎲 Corn Hole [MS] 1:00 📖 True Story of Titanic [TH] 3:00 🦋 Prayer & Bible - Pat [2B] 4:30 🗺️ Meet Scooter (Debbie's dog) [MS] 30	HAPPY BIRTHDAY 5 - David Harris 5 - Kenneth Hayes 8 - Pat Barnes 8 - Margie Duncan 8 - Ray Pemberton 9 - Jean Lathram 13 - Ann Patton	HAPPY BIRTHDAY 20 - Jack Adams 22 - Rebecca Langston 25 - Louise Martin 26 - Don Smith 28 - Jane Harris 30 - Nancy Thomas		