

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Location Keys</div> <div>Conv. Rm. 1A Craft Room Dining Room Fitness Center Lobby Lounge Main Street Patio Poker Room Theater</div> <div>1A 2A DR FC LB LO MS PA 2B TH</div>	<div>10:00 Fitness Class w/ Rachael [FC] 1</div> <div>11:00  Avon Product Display [MS]</div> <div>1:30 Art time with David Cook [1A]</div> <div>4:00 Social Hour [LO]</div> <div>6:00  Rummikub [LO]</div> <div>6:30  Book Club [2B]</div>	<div>10:00  Sittercise Band Class [FC] 2</div> <div>1:00  Community Hand and Foot Card Game [LO]</div> <div>4:00 Social Hour [LO]</div> <div>6:30  Mexican Train Dominoes [LO]</div>	<div>10:00  Fitness Class W/ Rachael [TH] 3</div> <div>11:00 Catholic Prayer and Communion [TH]</div> <div>1:30 Lifestyle Director/ Resident meeting [TH]</div> <div>2:30  Bingo w/ Elder Independence [LO]</div> <div>4:00 Social Hour [LO]</div>	<div>10:00  Sittercise Band Class [FC] 4</div> <div>1:30 Speaker: Astronomy of Total eclipses [TH]</div> <div>4:00  Chenal Pines Happy Hour [LO]</div> <div>6:30  Mexican Train Dominoes [LO]</div>	<div>10:00  Fitness Class W/ Andi [TH] 5</div> <div>10:30 Arts and Crafts with Oak Street health (Card making) [2A]</div> <div>1:00 Post lunch walk [LB]</div> <div>2:00  History of Eclipses Astrology talk [TH]</div> <div>4:00 Social Hour [LO]</div> <div>6:30  Community Hand and Foot Card Game [LO]</div>	<div>10:00 Bible Study [LO] 6</div> <div>1:00  Rummy or Rummikub [LO]</div> <div>2:00  Mexican Train Dominoes [LO]</div> <div>4:00 Social Hour [LO]</div>
<div>10:00  Catholic Mass [TH] 7</div> <div>11:00  Geyer Springs Baptist Service [TH]</div> <div>4:00 Social Hour [LO]</div>	<div>10:00 Fitness Class w/ Rachael [FC] 8</div> <div>11am Furryland mobile grooming onsite (call to schedule appointment: 501-551-6951)</div> <div>11:30 Eclipse Watch Party and Cookout [PA]</div> <div>4:00 Social Hour [LO]</div> <div>6:00  Rummikub [LO]</div>	<div>10:00  Sittercise Band Class [FC] 9</div> <div>10:45 Spring into Heart Health talk [LO]</div> <div>1:00  Community Hand and Foot Card Game [LO]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>4:00  Meaningful Conversations Group [1A]</div> <div>4:00 Social Hour [LO]</div> <div>6:30  Mexican Train Dominoes [LO]</div>	<div>10:00  Fitness Class W/ Andi [TH] 10</div> <div>11:00 Catholic Prayer and Communion [TH]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>1:30 Town Hall [TH]</div> <div>2:30  Bingo w/ Elder Independence [LO]</div> <div>4:00 Social Hour [LO]</div>	<div>9:30 Fall Prevention Class w/ Sean [FC]</div> <div>10:00  Sittercise Band Class [FC] 11</div> <div>11:00 Resident Volunteer and Ambassador meeting [LO]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>4:00  Chenal Pines Happy Hour [LO]</div> <div>5:00  Monthly Birthday Dinner [DR]</div> <div>6:30  Mexican Train Dominoes [LO]</div>	<div>7:30 Pinnacle morning hike and breakfast outing! [LB]</div> <div>10:00  Fitness Class W/ Rachael [TH]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>2:00 Arts &amp; Crafts (making gloves) [2A]</div> <div>4:00 Social Hour [LO]</div> <div>6:30  Community Hand and Foot Card Game [LO]</div>	<div>10:00 Bible Study [LO] 13</div> <div>1:00  Rummy or Rummikub [LO]</div> <div>2:00  Mexican Train Dominoes [LO]</div> <div>4:00 Social Hour [LO]</div>
<div>10:00  Catholic Mass [TH] 14</div> <div>11:00  Geyer Springs Baptist Service [TH]</div> <div>4:00 Social Hour [LO]</div>	<div>10:00 Fitness Class w/ Rachael [FC] 15</div> <div>11:00  Avon Product Display [MS]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>4:00 Social Hour [LO]</div> <div>6:00  Rummikub [LO]</div>	<div>10:00  Sittercise Band Class [FC] 16</div> <div>10:45 Spring into Heart Health talk [LO]</div> <div>1:00  Community Hand and Foot Card Game [LO]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>3:00 Game time [MS]</div> <div>4:00 Social Hour [LO]</div> <div>6:30  Mexican Train Dominoes [LO]</div>	<div>10:00  Fitness Class W/ Rachael [TH] 17</div> <div>11:00 Catholic Prayer and Communion [TH]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>1:30 Chef/Resident Meeting [TH]</div> <div>2:30  Bingo w/ Oak Street Health [LO]</div> <div>4:00 Social Hour [LO]</div>	<div>10:00  Sittercise Band Class [FC] 18</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>1:30 Downsizing Seminar [TH]</div> <div>4:00  Wine tasting event/ happy hour [LO]</div> <div>6:30  Mexican Train Dominoes [LO]</div>	<div>10:00  Fitness Class W/ Andi [TH] 19</div> <div>11:00 Lunch outing [LB]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>4:00 Social Hour [LO]</div> <div>6:30  Community Hand and Foot Card Game [LO]</div>	<div>10:00 Bible Study [LO] 20</div> <div>1:00  Rummy or Rummikub [LO]</div> <div>2:00  Mexican Train Dominoes [LO]</div> <div>4:00 Social Hour [LO]</div>
<div>10:00  Catholic Mass [TH] 21</div> <div>11:00  Geyer Springs Baptist Service [TH]</div> <div>4:00 Social Hour [LO]</div>	<div>10:00 Fitness Class w/ Rachael [FC] 22</div> <div>10:45  Spring into Heart Health talk [LO]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>4:00 Social Hour [LO]</div> <div>6:00  Rummikub [LO]</div>	<div>10:00  Sittercise Band Class [FC] 23</div> <div>1:00  Community Hand and Foot Card Game [LO]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>4:00 Social Hour [LO]</div> <div>6:30  Mexican Train Dominoes [LO]</div>	<div>10:00  Fitness Class W/ Rachael [TH] 24</div> <div>11:00 Catholic Prayer and Communion [TH]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>2:30  Bingo w/ Elder Independence [LO]</div> <div>4:00 Social Hour [LO]</div>	<div>10:00  Sittercise Band Class [FC] 25</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>4:00  Chenal Pines Happy Hour [LO]</div> <div>5:00 Resident Banquet Dinner</div> <div>6:30  Mexican Train Dominoes [LO]</div>	<div>10:00  Fitness Class W/ Andi [TH] 26</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>2:00 Arts and Crafts (Making hats) [2A]</div> <div>4:00 Social Hour [LO]</div> <div>6:30  Community Hand and Foot Card Game [LO]</div>	<div>10:00 Bible Study [LO] 27</div> <div>1:00  Rummy or Rummikub [LO]</div> <div>2:00  Mexican Train Dominoes [LO]</div> <div>4:00 Social Hour [LO]</div>
<div>10:00  Catholic Mass [TH] 28</div> <div>11:00  Geyer Springs Baptist Service [TH]</div> <div>4:00 Social Hour [LO]</div>	<div>Podiatry Care day- Elder Independence 29</div> <div>10:00 Fitness Class w/ Rachael [FC]</div> <div>10:45  Spring into Heart Health talk (w/ Elder Independence) [LO]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>4:00 Social Hour [LO]</div> <div>6:00  Rummikub [LO]</div>	<div>10:00  Sittercise Band Class [FC] 30</div> <div>1:00  Community Hand and Foot Card Game [LO]</div> <div>1:00 Heart Health Walk after lunch [LB]</div> <div>3:00 Game time [MS]</div> <div>4:00 Social Hour [LO]</div> <div>6:30  Mexican Train Dominoes [LO]</div>	<div> Celebration</div> <div> Fitness</div> <div> Games</div> <div> Intellectual</div> <div> Music</div> <div> Shopping</div> <div> Social</div> <div> Spiritual</div>			